

BE A GOOD PASSENGER TO MINIMIZE DISTRACTIONS



Research shows that passengers are important!

Here are things passengers can do to help drivers focus on driving...

BEFORE THE VEHICLE MOVES...

- Fasten your seat belt
- Ensure all passengers (including back seat) in the vehicle wear seat belts
- Help with children's seat belts, car seats, booster seats, etc.
- Turn down the volume on all devices (radio, phones, etc.)
- Offer to hold the driver's phone or other device.
 Ask if it can be turned off
- · Offer to help navigate
- Secure any pets

WHILE THE VEHICLE MOVES...

- Talk quietly, and avoid sudden movements, yelling or other distractions
- Avoid talking to the driver as much as possible
- · Encourage other passengers to stay quiet
- Do things for the driver so he/she can focus on driving:
 - Make calls or texts for the driver
 - Navigate
 - Help children
 - · Look for things in the vehicle
 - · Adjust the radio, AC, heat, etc.
 - · Help watch for roadway hazards

Help drivers keep their eyes on the road, their hands on the wheel, and focus on driving!

Explore kohlsdrivesmart.org with your family, for more tips on safe driving, videos, and a fun simulation!

PEDIATRICTRAUMA PROGRAM





